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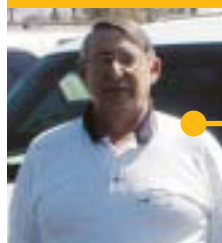
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IN A WING WITH A PRAYER

9th RW gathers for national prayer breakfast



Brig. Gen. Charles Baldwin, Air Force deputy chief of chaplains, speaks at the National Prayer Breakfast on Tuesday. (Photo by 1st Lt. Brady Smith)

By 1st Lt. Brady Smith
9th RW Public Affairs

More than 200 community leaders and Beale personnel gathered Tuesday afternoon at Recce Point as part of an annual tradition known as the National Prayer Breakfast.

After a prayer for the nation was offered and several religious readings were recited, Brig. Gen. Charles Baldwin, Air Force deputy chief of chaplains, spoke about the importance of communicating with God.

"I have two titles to my

message to you today," said Gen. Baldwin. "The first is from the scriptures—a rather piercing question from Jesus—he says 'having eyes, do you not see, and having ears, do you not hear and do you not remember?' The modern title of that scripture is 'can you hear me now?'"

The prayer breakfast is an interfaith meeting that provides the opportunity for people—especially civic and government leaders—to reaffirm the moral and spiritual values on which the United States was founded.

"On this occasion, I would like to take this question of 'can you hear me now?' to a much higher level," said Gen. Baldwin. "Among all the rich and wonderful blessings of almighty God, it's his promise to communicate to us, and the creator of the universe wants to talk with the people he's created. In fact, among the most important questions to us from almighty God is, 'can you hear me now?' but static prevents any meaningful conversation."

Gen. Baldwin also mentioned that the 'static,' which

surrounds and prevents one from communicating with God, are the cares of the world and deceitfulness of riches.

The U.S. House of Representatives and Senate initiated prayer groups in 1942. The groups met weekly to discuss individual spiritual needs and the nation's dependency on God.

In 1953, those same prayer groups formally established "The Presidential Prayer Breakfast" with President Dwight D. Eisenhower to seek divine guidance for the national leadership and reaffirm faith and dependence on God.

Every year since, the president, members of his Cabinet, the Supreme Court, Congress, military leaders, and leaders in business, labor, education, and science from every state gather for the prayer breakfast.

In 1970, the name was changed to "National Prayer Breakfast" in order to emphasize the purpose of such gatherings.

"We're in the capital of the most powerful nation on Earth, yet we recognize the limits of all earthly power. God serves his own purposes and does not owe us an explanation," said President George W. Bush in his Feb. 5 address at the National Prayer Breakfast in Washington, D.C. "In prayer, we ask for wisdom and guidance. And the answers seldom come in blinding revelations. As we meet whatever test might come, let us never be too proud to acknowledge our dependence on providence and to take our cares to God."

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Values endure winds of change

By Chief Master Sgt. Randy Auld
14th Flying Training Wing command chief
master sergeant

As I awoke this morning, I reflected on all the changes that are happening in the Air Force.

Key initiatives such as transformation and force development are examples of ideas that demand a new way of thinking to get our jobs done faster, cheaper and more efficiently, while creating a new vision for developing our most valuable resource — our people — for success in the future.

The changes aren't just limited to how we develop our people or the thought process for performing our jobs. We are also evaluating our utility uniform requirements and are currently conducting a wear test of the proposed replacement.

Naturally, when you consider upcoming changes, it certainly causes you to look at the effects of the past.

Over the past 26 years, I have had the opportunity to "transform" from the typewriter to computer automation. Uniforms have changed as well, moving from blue stripes on cotton fatigues to subdued stripes on permanent press battle dress uniforms.

The new service dress was a controversial change, replacing the older "Combo 1" style adopted from the Army days. Let's not forget about name tags, either, from the sewn on version in blue and white to subdued then to the aircrew style name tags and back again to subdued.

Technology and uniforms aren't the only changes the Air Force has made over the years.

The Berlin Wall is down and the Cold

War is over. We have moved from a predominantly home-based force posture, both stateside and overseas, to a more dynamic, quick-reaction force designed to deploy on a moment's notice anytime, anywhere.

Our smaller, focused air and space expeditionary forces remain challenged as they never have been before.

Winds of change? Or are they? When looking back, and then forward, you quickly realize changes are only skin deep.

Although we operate with different weapons systems and procedures, and we dress differently, our core foundation has not changed. Even before our Air Force formally established its core values — integrity first, service before self and excellence in all we do — we strived to instill those values in our people.

If you have doubts, ask a World War II veteran or those who sacrificed so much during the Korean and Vietnam Wars. Desert Shield and Desert Storm demanded no less. Today, the global war on terrorism again proves our sincere commitment to our core values.

Yes, the way we look and act on the outside may have changed, but not our internal drive and dedication to duty, honor and country — three precepts that sustain the devotion to our core values.

Yes, winds of change are here. However, as history documents, the United States of America and its men and women in uniform will continue supporting freedom.

When you think about all the changes coming down the road, remember duty, honor and country. Press on with pride knowing that integrity, service before self and excellence is what we do — and no one in the world does it better.

“Technology and uniforms aren't the only changes the Air Force has made over the years.”



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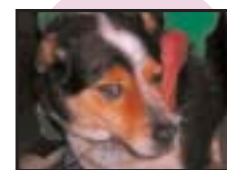
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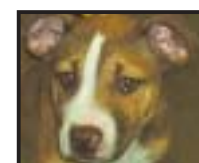
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Scoring well in the Operational Readiness Inspection

By Capt. Geoffrey Fischer
9th RW Plans and Programs

Air Combat Command recently adopted a limited notice scheduling philosophy for Operational Readiness Inspections.

The ACC Inspector General expects active-duty wings to always be ready to demonstrate wartime skills, said Lt. Col. Troy Devine, 9th Reconnaissance Wing Plans and Programs chief. The wing is vulnerable for a limited notice ORI, meaning as little as 72 hours notice may be given for a future ORI.

"The date of the ORI is in question, but standards of performance—as outlined in ACC 90-201 Supplement 1—remain crystal clear," said Col. Devine. "It has never been more important to take full advantage of our warrior training programs and scheduled (Operational Readiness Exercises) to ensure our wing attains and sustains operational readiness."

The following are inspection issues taken from previous reports and what they mean to Team Beale:

Enthusiasm, sense of urgency and a can-do attitude go far in a unit's grade

There are several recurring themes in every operational readiness inspection that can make or break a wing's overall rating. One of the most visible is a positive attitude of those participating in the inspection.

"A sense of urgency and a 'can-do' attitude make a lasting impression on evaluators," said Lt. Col. Gary Schroeder, 9th RW Plans and Programs. "Those kinds of impressions are infectious, and it's what we want them to be thinking about at the end of the day."

If inspectors see you working hard to accomplish a task, they're also more likely to give you some leeway if something goes wrong," Col. Schroeder said. "Inspectors have been known

to allow a second chance to correct an activity on the spot. If you repeat an activity, realize that the inspector is giving you a chance to redeem yourself."

The IG can visit and grade all operations on base

"An ORI will involve the entire base," Col. Schroeder said. "While the IG team is here, they will be going to many different locations across the base that may not be directly associated with the inspection."

During the initial days of the ORI for Mountain Home Air Force Base, an inspector noted a problem with a single office's Secret Internet Protocol Router Network line in a building away from the designated play area.

That real-world problem generated a unit compliance inspection and ultimately a finding in the base's inspection report.

For pilots, the inspectors will be looking at currency issues, Col. Schroeder said.

It's not a specific issue they look at, but if there is a problem—it's fair game. That also applies for inspected units across the wing.

Real-world events can also be factored into a wing's inspection. If there is a real medical emergency, or a person "breaking red" on the flight line, and if it happens during the inspection, the base needs to demonstrate its ability to handle the situation, Col. Schroeder said.

"If you're a player, they might bring you back to your workplace from Base-X," said Col. Schroeder. "If there is an inspection item that can't be met at Base-X, inspectors have been known to bring a player to the location on base where they can prove they can do the task."

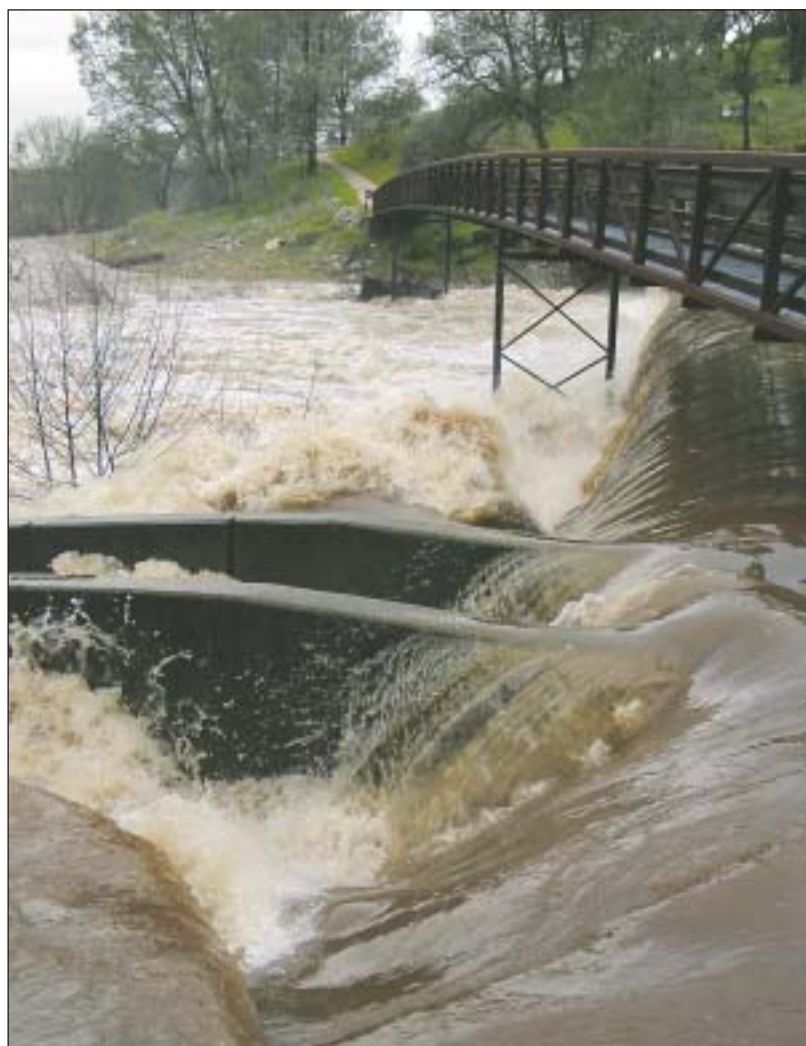
"When you're taken from Base-X, you might be the only person in your facility in full (Mission-Oriented Protective Posture) gear, but you need to demonstrate your capability to do the mission," Col. Schroeder said.

Stellar performers beware of "IG death syndrome"

The purpose of the inspection is to assess the wing's ability to perform its mission—not just a single individual. If someone has clearly demonstrated their ability, an inspector may take action to assess the other members of the team by "wounding" the person or "killing them off" said Col. Schroeder. This forces the rest of the team to step up.

Stellar performers are in every office, but can an office do the mission without them?

"You all know who in your office is the go-to person when something needs to get done," said Col. Schroeder, "and it's obvious to the inspectors as well. During our upcoming exercises, our stellar folks need to help teach the rest of the team. Each person on the team needs to practice doing operations outside their own expertise," Col. Schroeder said.



When it rains...

Water rages over Lake Beale's spillway and floods the nature trail that runs alongside the lake after heavy rains bombarded Beale Tuesday night.
(Photos by 1st Lt. Brady Smith)



‘I’ve topped the windswept heights...’

SOUTHWEST ASIA — Senior Airman Hugh Butler, a crew chief deployed from Beale to the 380th Expeditionary Aircraft Maintenance Squadron, waits after marshaling in a U-2 Dragon Lady returning from a high flight in support of Operation Enduring Freedom recently. (Photo by Airman 1st Class Brandi Branch)

CSAF seeks improvements in warfighting

*By Tech. Sgt. David Jablonski
Air Force Print News*

WASHINGTON — Air Force Chief of Staff Gen. John P. Jumper outlined new ways to make 21st century airmen faster, more efficient warfighters.

Gen. Jumper spoke at the Air Force Association’s 2004 Air Warfare Symposium in Lake Buena Vista, Fla., on Feb. 12.

The general’s key point in addressing future capabilities centered on exercising air and ground forces together in ways that ensure Army leaders know what air and space power can do for them.

“What the (secretary of defense) told us to do is work this notion of a standing joint force headquarters,” he said. “One of the initiatives that we’ll roll out is the future force structure, a structure designed to put our numbered air forces directly in the planning process of the joint forces commanders on a daily basis using our air operations center weapon system to network — set up around the world, 24-hours a day, seven days a week in close coordination.”

“It would be set up so that when we deploy forces it would be these AOCs that monitor the deployment of air expeditionary forces into the (area of responsibility) just like they would if they were in combat,” Gen. Jumper said. “We

don’t have to set our combat command and control systems aside until it’s time to go to war.”

In the proposed new structure, the units would report to the numbered air forces who in-turn would report directly to the major command. The NAF could concentrate solely on its wartime missions.

Gen. Jumper said the Air Force can put together a suite of capabilities that would be the lynchpin in bringing together the command and control and the battle management that can link AOCs to get rapid decisions in the machine-to-machine global networking interfaces.

“In the future we will make this AOC weapon system smaller and lighter until we get to the point that when we deploy an AOC, it’s a bunch of people getting on an airliner with laptops under their arms,” Gen. Jumper said. “They can go set up virtually anywhere.”

The general also discussed joint warfighting space. This concept suggests that military organizations with space capabilities can develop the ability to rapidly launch rocket payloads, such as micro-satellites with specific areas of operation for communication, or other sensors.

“Networked properly with national security space, this will continue to leverage our space



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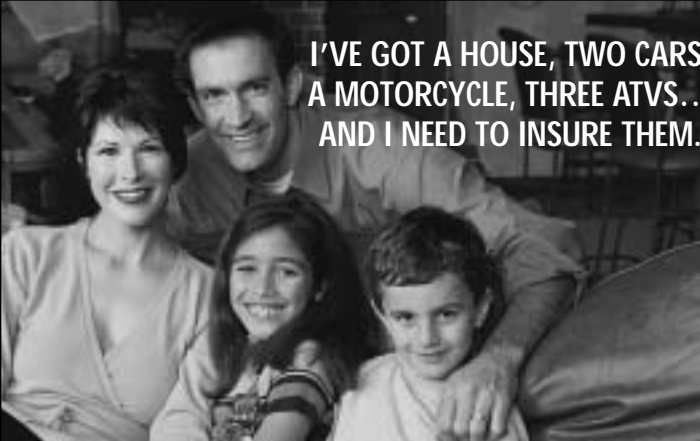
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DO YOU COLLECT WOLF ITEMS? I HAVE PICTURES AND OTHER ITEMS BLACK ENTERTAINMENT CENTER GREAT FOR LIVING ROOM OR A TEENAGERS ROOM 2 COMPUTER DESKS, 1 DESK, 2 BLACK DESK LAMPS HOME DECORATIONS, KITCHEN ITEMS, CHILDRENS MISC ITEMS ALL ITEMS AT YARD SALE ON 2/21 4118 OCTAVIA WAY

Chain link fence, approximately 130ft, comes with two metal gates and 1 breezeway wooden gate, good condition must sell due to pcs \$250 obo call anytime 788-0920

060

Merchandise/Misc

BABY STUFF! 5-piece crib set with mobile (yellow & light blue bears/stars) \$15. Play pen with removable bassinet and changing table (navy blue plaid) \$35 Two different push along walkers \$5 Call Melissa 788-9683

For Sale: If you've been looking for a hospital bed in excellent conditon Please call 673-6249.

For Sale: Pillow top king size mattress in great condition. 150.00 or best offer. Please feel free to come by and take a peek at it. 788-0541 ask for Misti Thanks

Two Graco highchairs for sale - excellent condition. Chairs come with both plastic and material seating and toys that attach to the trays. Each chair for \$20 Call 788-7551

Fischer Price Take Along Swing in EXCELLENT condition. The swing has lights and music and was only used several times. Retail at over \$65 - asking \$25 Call 788-7551

Hunter Green Plastic Patio table with 4 Hunter Green Patio chairs. Asking \$20 for the set. Call 788-7551

Computer desk \$60.00, Step 2 slide with tunnel and door underneath \$40.00, step 2 slide for 12-36 months \$40.00. Please call 300-5552

Are you doing a DITY move and would like to get paid for an extra 3000lbs. 2004 Haulmark (Grizzly Cargo) 8.5' x 18' tandem axle with electric brakes, 2 roof vents, dome lights with switch, dual back door and one side door. Asking \$4,600 Call 788-9668 for info.

Flat Weight Bench with pulley system and lots of weights. \$30 obo Changing table \$10 788-2749

Wanted FULL Size Violin, in good condition to start taking lessons with daughter. If have one or know of someone that would like to get rid of one, will pay a resonable price. Call 788-2749

FOR SALE..... *Computer desk & matching shelves. Black metal & wood. \$40 * Color monitor for computer, 13 inch, works great \$15. *Wood dining table with leaf \$30 * Five wood dining chairs, need paint, seats have been re-upholstered. \$30. All prices are negotiable. Please call Amy at 788-7277.

060

Merchandise/Misc

2 12" L5 kicker subwoofer in custom box w/ 1800 watt rockfordfosgate amp that has 4 year warranty and 1 farat cap \$600 530 415 1728

FOR SALE..... Twin size captains bed with 3 drawers underneath and display headboard. Very nice and in very good condition. \$100 OBO. Please call Amy at 788-7277.

For sale-kolcraft walker\$10, stereo w/5disc changer, tape deck, radio,remote control & 4speakers \$40 excellent condition,bratz dollhouse w/doll\$5,box of dress up clothes\$10,electric wok\$5,3panel screen/room divider \$10,bissell spot lifter\$10,visionsware pot set w/lids \$15, call 788-0728

DEEP FREEZE for sale. Not new but works like a charm. Clean and ready for pickup. \$60. 788-2372

Body Solid Total Gym 1/2 cage system with push-up bar, 300 pounds in olympic style weights w/bar, lat pull, bench, dip station, weighted cable, flat bench, sit up bench, fully adjustable bench, preature curl attachment, leg extension & ham string curl attachment & more pd \$1400, asking \$650 call 788-0728

New APC Seat, \$180; Shoei helmet, \$75; HJC helmet, \$60; 1-piece leather suit, \$350; Microwave, \$10; Black wall unit, \$400; 25" TV, \$50; Kids desk, \$25; Huge cpu desk, \$10; Leg workout machine; \$25; Book shelf \$10; Little Tykes Toy box, \$15; Bar stools, \$10; Kenwood speakers, \$50; Black arm chair, \$10 788-9787

FOR SALE Fisher-Price "Ocean Wonders" Aquarium Cradle Swing , EXCELLENT condition \$50 and "ocean wonders" aquarium bouncer \$30, and "ocean pals" crib set incl. Sheet,bumper,comforter and mobile \$15.00 all are in great condition.. 788-7883 or 713-8351

Extra-Large Capacity Washer/Dryer for sale. 4-years old and in like-new condition. Available 15 March. Sell for \$300.

PCSing and must sell ASAP within in the next week or so. Like new black sofa and loveseat set, with black lamps and 2 end tables. Selling for \$550. OBO Please call 634-3343 or 743-9840.

Juicer - works great - hardly used - \$10 - call after 10am at 788-7370.

060

Merchandise/Misc

Oak Entertainment center has space for a 27" TV, VCR, CD player and stereo receiver. Side cabinet has leaded glass door and 3 shelves. 2-door bottom cabinet with room for lots of movies. Excellent Cond. (Paid \$695 New) will SELL for \$345: Mens Roller Blades, Bauer, size 12 used 6 times \$45 674-9098 (9am-10pm)

Brown/Orange couch for sale. Great condittion, over 6ft long - \$50. Nordic Track Eleptical Trainer \$799 New, \$500 obo. Call 788-1054 for info.

DVD cabinet - holds over 100 DVDs. Locks to keep "R" movies out of reach from the little ones. \$30 - call after 10am at 788-7370

Baby swing. Battery operated. Lights and music. Portable. Folds to fit under bed. Used one month. Bought new for \$45. Asking \$30. Call after 10am at 788-7370.

Dog house. Fits medium to large dog. Breaks down into two pieces. Rubbermaid type material. Brand new. Slightly weather-worn from being outside. Never used - our dogs were just not interested. \$30 Call after 10am at 788-7370.

Baby bouncer - battery operated vibration - brightly colored for stimulation. \$5 - Call after 10am at 788-7370.

For Sale: Dryer in good condition, approx. 5 yrs. old...\$125 obo Murray 3.5hp Lawnmower in great condition, approx. 2 yrs old...\$75 obo Feel free to call with any questions. 634-4958/741-0705

Aluminum Shed, 8 x 10. Good condition. PCS'ing, must sell, \$200. Perfect for yard equipment, bicycles or just extra storage. Call 788-1359

PC VIDEO GAMES - Jane's F/A-18, Jane's Fleet Command, Jet Fighter IV, Grand Theft Auto 2, \$5.00/ea. Star Wars Galactic Battlegrounds, Spiderman, \$10.00/ea. Red Faction, Ghost Recon, Jedi Knight II, Soldier of Fortune Gold, \$15.00/ea. Shogun Total War w/Warlord Ed. 4 disc combo, \$25.00. Books on most. Matt 788-9683

COMPUTER STUFF - Epson Stylus 777 COLOR Inkjet Printer, great for pictures, \$25.00. Wireless Keyboard/Mouse Combo, retails for \$100+, \$35.00. Sidewinder Gamepad for PC, \$5.00. All needed software and cables included in everything. Matt 788-9683.

060

Merchandise/Misc

White Metal Bunk Bed set. Asking \$75.00. Please call 788-7359, if not home please leave message.

Black Laquer China Cabinet with Buffet. Excellent condition \$500. I'll thrown in a matching glass dining table with 4 chairs. Payments o.k. and are accepted until Apr 30. Call 788-7519

Golf Club set! Callaway, Ping, and many more. Must see. Only \$450 Call 788-7519

Ping Eye 2 Square Groove, 3-PW/SW, excellent condition. Must see. \$375 Call 788-7519

27" Sony TV, needs repair \$50.00 Call 788-7519

Wedding dresses for sale: dress #1 bought for 600/selling for 250, dress #2 bought for 300/selling for 150. ATTN AVON REPS, I am selling left over samples and tools (over 500 samples) for 40.00. Call Keira: 788-9781 (leave message if unanswered).

DELL Computer pent. 4, 3 years old. comes with cannon color photo printer. \$400. Cute pine dinner table \$150, lawn mower 5.5 horsepower self propelled honda, comes with weed eater \$200 432-7664

~FOR SALE~ Outdoor Furniture: 2 chairs, bench, and table made of iron & wood. \$100 obo. call 788-7749 if interested.

TANNING BED FOR SALE!! '90's model with new bulbs. Fits standard electrical plugs. \$700.00. Leave a message: 788-9392

For Sale. One BRAND NEW with tags Authentic NBA LEBRON JAMES Cavaliers away game jersey - wine colored, SIZE 52. Asking price \$100.00. GREAT DEAL! Call 300-5460.

070

Vehicles for Sale

1956 Pontiac Chieftain: New Chevy 350 (with warranty), TH350 tranny, suspension, and brakes (all professionally done). All of the hard (and expensive) work is done, just needs someone to finish off with paint and interior. Original paint and interior is still in good condition. Call Andrew @ 916-434-7122.

2000 Camaro: Red, V6, 5spd manual, RWD, Sony XPL0D CD deck, tinted windows, new tires, 60k miles, mint cond. Need somebody to take over payments. Call 788-9766. Ask for Jennifer.

1999 White Ford Mustang GT, 35th Anniversary Edition, 5 speed, leather interior, mach sound system, new tires, Approx. 75,000 miles. Asking \$12,500 OBO. Please call 788-7390 after 4pm.

For sale 1996 blazer- leather, power locks, windows, tilt, AC, Auto, chrome rims, and much more \$6,000 call for more info. 788-7554

1999 JEEP CHEROKEE SPORT- 4.0 6cyl.AT,AC,PW,PL,DIGITAL COMPASS,GAS USAGE TRACKER, YOUR AVE MPG, AND CURRENT MPG,TIME RUNNING, AND OUTSIDE TEMP.CandyRED and grey/blk intr. fog lights, roof rack, tow pkg. Must sell - for under pay off, 11,300. see this one at the lemon lot. call 870-6916 w/q's if serious

1993 Mercury Villager Van Champaign ex, tan int. Power everything. Has new exhaust system and wheels are only a couple of months old. Seats 7. MUST SELL PCSing asking 3,350 OBO. Please call 530-788-0837

070

Vehicles for Sale

1966 VW Bug,1776cc engine,good condition,runs excellent,good transportation and excellent gas mileage, asking \$2500 obo Call Tina for more details at (530) 415-0445 Thanks.

1989 FORD ESCORT, gray, runs great, 100K miles, asking \$1750 or best offer. Call or leave a message at 530-749-1162.

1992 Jeep Cherokee Laredo. New tires, new brakes, new radiator, new starter - runs excellent. Blue book is \$3900, selling for \$3000 OBO. Please call 300-5552

Blue 2003 Dodge Neon. 19k mls. Great condition. Please call 788 7254

1971 chevy c-10 call 788-1903 for more details. \$3000. or best offer

95 Buick Park Avenue, Loaded, Great Condition. Very nice car, & economical \$6900 741 1295 cell 300 0468

95 Dodge Spirit A/C CC, A/T Great condition \$1500 741 1295 cell 300 0468

4x4 1992 F150 6" Susp. lift 35x12.5 New Tires, Dual Exuast(turn downs)5.0L 302c.i. Good Condition. 125K Must sell quickly PCSing Make Me an offer. (530)788-7399

1996 white Ford Escort with gray racing stripe. \$2000 OBO. 2 Door hatchback. 1.9L engine 120K miles. NEW AC, altornator, newer tires, clutch. Great condition. Manufactured installed sunroof. Have to sell due to PCS. 788-1756

Ford F150 4.6L, Burgendy, AC, PW, privacy glass,CD,tilt wheel, cruise control, running boards, rims, bed liner, tunnel cover. \$8500 OBO 432-7664



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010 Notices

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I am looking to buy a CRIB in GOOD / like NEW condition. It needs to be with all parts and pieces. Please call if you have one you would like to sell. Thank you. Becky 788-1040

Let me help you save money, time and space, with Tupperware! We also do Fundraisers!!!! Earn 50% of the profit. Let me help you! Call Robin Calvert 788-7502

Yuba College Books for sale:Astronomy A beginner's Guide to the Universe \$60.00(was \$90.00), Exell 2002 for \$30.00(was\$60.00)and Sexuality today for \$40.00 (was \$70.00). Call 788-1462 or email me: henderjv@yahoo.com

Do you have a hectic schedule? No time to do housework? Cleaning available for weekly/bi/monthly. SAME DAY LAUNDRY SERVICE also avail will wash and press uniforms-pants-shirts etc. Call Faye now for drop off rates 788-0824.

Best cleaners in the business!! Listed with the housing office-over 16 yrs exp never failed-guaranteed lowest rate for PCS cleaning. Call the cleaners you can trust Reggie/Danielle Jetton for a free estimate 788-0824

Cina: Congrats to the Air Force X-treme Cheerleaders for placing 1st in their division at the UCA Northern California Championships held February 15, 2004 in Stockton! We are so proud of all of you and your coaches! Keep up the great work for the WSF West Coast Wipeout in San Jose on Feb. 28 & 29! Love, Mom

ATTN LADIES: Been looking for someone who specialize in african-american hair (can do others), and can hook you up like your beautician back at home can? Call Keira: 788-9781 (leave message if unanswered). If you like the sound of a perm-n-style for 30.00, then call me today.

020 Services

LAWN SERVICE AVAILABLE FOR ALL CALL 788-7245!WILL LEAVE YOUR LAWN LOOKING SO NICE.

020 Services

WHEN THEY MADE THIS business they through away the mold! Learn mold testing. Get licensure/certification. Min investment req. Seminar/ San Diego, Apr 22-24. Ltd seating. maslabs.com 1-800-470-4844

WANT YOUR PATCHES SEWN ON NOW CALL 788-7245! VERY CHEAP & VERY GOOD WORK! ALSO ALTERATION ARE AVAILABLE TOO!

Have a big item to move? I have a 18 foot car hauler trailer for rent. Don't have a truck then I may still be able to help!! Give me a call at 788-7702

Pet Sitting by Woody. Serving Beale Residents. Professional Quality pet care in your home at a reasonable rate. NOW ACCEPTING CHECKING AND CREDIT CARD PAYMENTS THROUGH PAYPAL!!!! No Pet too Large or Small! Call us for your next TDY, Leave, etc. Bonded & Insured. Chris & Anna Woody 788-9202 or 933-7028

Insurance salesmen: Increase your Direct Marketing Effectiveness: "Direct121" puts your sales force on a tread mill and spoon feeds them a diet of face-to-face appointments with fully qualified prospects: pushing them right to the desktop: right into the Calendar and CRM/Contact Management system Carter:788-9601

Do you like your car, truck, or boat to look good? You'll get noticed when Mark details your vehicle. Cars, trucks, and boats accepted. Please call Mark @ 788-7473 for more info

MASSAGE THERAPY: Therapeutic and Stress Reduction. Gift packages available. Evenings and Weekends, please call Holly at 713-1717 or 674-0773, please leave a message, or e-mail hollyann_cmt@yahoo.com

Do you have a hectic schedule? No time to do housework? Cleaning available for weekly/bi/monthly. SAME DAY LAUNDRY SERVICE also avail will wash and press uniforms-pants-shirts etc. Call Faye now for drop off rates 788-0824.

Best cleaners in the business!! Listed with the housing office-over 16 yrs exp never failed-guaranteed lowest rate for PCS cleaning. Call the cleaners you can trust Reggie/Danielle Jetton for a free estimate 788-0824

020 Services

AVON PRODUCTS...LOG ON TO WWW.YOURAVON.COM/SHOUSEJENKINS, Passcode is lLoveAvon.

I have both a two year old and also a one year old slot open at the CDC(CHILD DEVELOPEMENT CENTER)from March thru May for a total of tree months because my kids will be out of the stay until the end of May. Please contact me at wk.5306348723 or at home at 5307889257 if your interested in either of these slots.

Would you rather spend the last few days worrying about cleaning your house for your PCs move or having fun? Let me help you make that decision. PCS cleaning at reasonable rates. Call for a quote. 100% pass rate, listed w/ housing . Connie 788-2867

A few slots still available for weekly, bi-monthly or monthly cleaning. Reasonable rates. Call Connie 788-2867

040 Real Estate For Sale

FOR SALE:1991 Fleetwood Mobile Home.1344 SQ FT. 3br/2bath,central heat/air,2 storage sheds,car port w/awning. Located only 10 min fm BAFB in a quiet MHP. Only \$43,000. Don't let the price scare you, it is in MINT condition! We are the only owner. We have no pets/non-smokers.If interested, call Russ at 743-1748.

\$210,000. YUBA CITY 3 bdrm, 2 bath, 2 car garage with remote. Central H/A, woodstove, patio, sprinklers, dual-pane windows, gas stove, oak cabinets, mini-blinds, built 1985, 1303 sq ft. 530-921-0307, leave msg.

ZERO DOWN, Marysville, Lovely 3bd, 2ba, 1128 "F" St. \$180,000 w/mo pymts, as low as \$1126. Free recorded msg 800-256-6326 x 753 City Mortgage CA DRE#01263212

050 Rental Property

\$1500, Lake Wildwood, 3bd/2ba, 1700sf, lg bkyard adjacent to golf course, Call Judee Lake Wildwood RE, 530-432-1145

CLOSE TO BEALE. 2bdrm, 1bath, upstairs. 122 E10th, Msvl. \$650 mo + deposit. No pets. Call 742-9214.

055 Pets

BIDEGAIN HAY Locally grown for 35 yrs. Barn Stored, Horse Quality. Grass/Alfalfa \$7.50/bale Call 530-695-1047

Pet Sitting by Woody. Serving Beale Residents. Professional Quality pet care in your home at a reasonable rate. NOW ACCEPTING CHECKING AND CREDIT CARD PAYMENTS THROUGH PAYPAL!!!! No Pet too Large or Small! Call us for your next TDY, Leave, etc. Bonded & Insured. Chris & Anna Woody 788-9202 or 933-7028

FREE: 2 yr old Jack Russell Terrier mix. Shots, nuetered, very good natured, a very loving dog. Comes with kennel and some food too. 788-1902

Free lab/chow mix female. All shots current and spayed. Lovable, has lots of energy, and loves the water. Needs more attention than we can provide. Please call Mark @ 788-7473 for details.

Shar-Pei puppies? We are looking for the person who placed an ad recently in the High Flyer classifieds who had this type of dog for sale...Please call us, we are interested in buying one of your puppies...788-2372

FOR SALE: English Springer Spaniel pups. Bi- and tri-colored. Parents on site. Ready to go home with you the weekend of 6 Mar. Come find your favorite puppy before he or she is chosen. Bring the kids and let them pick out their favorite personality or color for their new best friend. Call 788-7370 after 10am Sat.

Pure bred Beagle Puppy(female) No papers 11wks old \$75 takes her. PCSing and cant take with me.(530)788-7399

057 PCS/Yard Sales

PCS YARD SALE. Loads of infant and toddler clothes. Mens and womans clothes. Childrens toys a sofa, Toddler bed (never used), and many extras. RAIN or SHINE it all must go. Stop by and buy our STUFF and THINGS. 4609 Lark Drive. Call for Toddler Bed @634-5550 ask for SrA Redline. Sat 0800-1400, Sun 0800-1200

Yard Sale .. Sat 8 am RAIN OR SHINE!!! 3833 Tyburn Dr. Lots (i mean lots) of baby stuff , kids outside toys , partylite , car stuff and more misc... Earlybirds welcome!!

057 PCS/Yard Sales

PCS yard sale Sat 0800-? adorable baby girl outfits,Graco 2 speed swing, infant bathtub, bouncy chair, men's and women's clothing and shoes, tires for a Mazda B series P/U, a beautiful antique English side board, base guitar w/ amp and much more. Come by 3393 Loma Dr. Please call 788-2780 for questions.

HUGE YARD SALE 2/21 STARTS AT 8 AM. I HAVE 1 BLACK ENTERTAINMENT CENTER, 2 COMPUTER DESKS, 1 DESK, HOUSEHOLD DECOR ITEMS, CHILDRENS MISC ITEMS. TOO MANY ITEMS TO MENTION. COME BY AND SEE 4118 OCTAVIA WAY.

060 Merchandise/Misc

FOR SALE: Nordic Trak ski machine, originally \$700, want \$100, old refrigerator in great condition(Frigidare) \$50, Ab Works stomach exerciser \$15. Selling because we're PCSING. Call Tammy or Scott @ 633-2573

PCSing, Must Sell!! Kids pine twin bedroom set. 4 years old. Captain's bed w/mattress and cabinet/4-drawers underneath. Matching 6-drawer dresser with attached mirror/bulletin board. \$500 OBO. Matching student desk with hutch/chair \$200 OBO. Will sell whole set for \$600.

Graco double stroller-\$65 Peg Perego highchair with FREE fisher price travel swing \$100 Avent electric bottle sterliser \$40 Avent bottle warmer \$10 Graco Triad bassinet/co sleeper \$50 Princess house vase\$10 nicole miller diaper bag-\$15 Peg Perego Navetta bassinet \$55 please call 788-0510 thanks

CASIO LK-50 KEYBOARD WITH STAND HAS LIGHTED KEYS FOR LEARNING HOW TO PLAY ALSO MANY SONGS TO CHOOSE FROM FOR \$150!COMPUTER WITH GAMES, JOYSTICK,MIC 36MB JUST UPGRADED WITH SPEAKERS & EXTRAS LIKE PHOTO EDITOR FOR \$150! & LAST WE HAVE A FW-P88 PHILIPS 2 SUBWOOFER ONE CENTER AND TWO SIDE SPEAKERS FOR \$100! @ 788-7245

FISHING BAIL REEL FOR \$50 @ 788-7245

Stop Renting Skis!!! Skis, boots, and poles with very nice carrying bags. Great condition. Skis are Rossignol 170's---moving and need to sell. Asking \$40. Call 788-7459

060 Merchandise/Misc

Are you going for your private pilot's license or just enjoy flying? Selling Headset-\$50, 2 new flight suits-\$40 ea, all ground school prep/private pilot's exam/flying checklists, books and manuals-\$25, Ground School interactive classroom CD set-\$50. Will discount if you buy it all--all prices negotiable.

Brand new,yellow Pacific mountain bike. I just bought it a month ago. Don't need it any more. Back tire needs a new tube. Asking \$50. Call me, Tony Bogusz, at 788-9297 or (530)301-5753 or email me at boguszonfire@yahoo.com

Exercise bike for sale! \$15 obo. Will deliver if with in area! Call 788-7702

Sony VAIO (Upgraded): Matching Monitor/Mouse/Keyboard/Tower, Integrated Speakers,40GB HD+10GB Storage,15"Monitor, 256MB DDR PC2100 RAM,AMD DURON 1.2GHz,WindowsXP,PC-Cillin Anti-virus, Ad-aware6.0.2 LAN Cards,NVIDIA Geforce2 MX/MX400 Video Card,CD/DVD ROM Drives,4USB Ports,+ Lots More Software,\$400 OBO!! 788-2805

Twin size youth Loft bed. Have had less then a year. Excellent condition. Can e mail pictures of it. \$100 firm Call 788-7423

Washer and electric dryer. GE Profile, 3 years old. \$200 OBO. Call John @ 634-1629 days, (916) 408-5115 eves.

Oak dining room set. 6 chairs. Table 36"x56-68". \$300 OBO. Call John @ 634-1629 days, or (916)408-5115 eves

Weight Bench with 110 lbs of weight in great condition. \$75.00 obo call 788-7554

Black metal frame futon for sale used whille waiting for TMO \$60.00 obo call 788-7554

Pristige Platinum Alarm w/two stage shock sensor and starter disable,with alot more security features. It also has a shave door handle kit with two popers. Paid well over \$150 selling for \$130obo. Also 1 10" kicker comp in a box with a keenwood amp, and a amp wiring kit,sub like new,Paid over \$200,sell for \$130obo

FREE: Small storage shed, u-haul it. Call 788-1902.

060 Merchandise/Misc

Pristige Platinum Alarm with alot of security features. It also has a shave door handle kit with two popers. Paid well over \$150 selling for \$130obo. Also 1 10" kicker comp in a box with a keenwood amp, and a amp wiring kit,sub like new,Paid over \$200,sell for \$130obo call 788-7449 ask for steve

EXTRA LARGE DOG KENNEL--Airline approved, collapsable for easy storage, food/water dishes included, used only once. Perfect for transporting a large dog or a daytime kennel for a new pet. Asking \$100--call Jack or Mindy at 788-7368

KitchenAid 11 cup food processor.Includes 3 cup mini bowl and blade,dough/regular blade,3 slicing/shedding discs and storage case-Cobalt Blue color,like new-\$160 Also KitchenAid coffee machine-used once \$50 Call for more info,788-0510

COMPUTER for sale 1.2 gig processor 512Mb of ram 30 gig hard drive 17" crt monitor new keyboard, mouse and all-in-one printer(still in box). \$400.00 OBO, 788-0845 ask for chris.

Pioneer TS-A1667 6.5" 3-way 200w max speakers (pair) - \$55. Pioneer TS-A6985 6x9" 4-way 260w max spakers (pair) - \$70. All in like new condition, and perfect working order. Had them in my old car, won't fit in my new car. Will sell both pairs together for \$100. Call Josh @ (530) 788-7344

Excellent condition/Graco portable playpen, bassinet, and changing table combo only \$50.00. Fisher Price multidirectional battery operated swing with mobile and tray with toys only \$50.00 or both for \$85.00. Call soon since we are pcsing. Cathy-788-0795

FOR SALE Large Capacity Washer and Dryer from Whirlpool. Originally \$600 will sell for \$350 for the set. Less than 2 years old. Call me if interested @ 634-5550 or nights at 300-4118. First come first serve. Ask for James Redline

2 formal floor length dresses 1 metallic blue 1 silver w/shoes sz 7 both sleeve-less very good condition only worn once \$50 each OBO

3 way crib w/mattress light color wood finish gose from infant, to toddler bed. S.A.R. Missing nuts, screws and bolts Still in good condition. \$100 OBO

**Catering
Kids menu
Take-out
Avail.**



**Steaks
Seafood
& Pasta**

**Lunch
Mon-Fri
11-2**

**Dinner
Mon-Th • 5-9
Fri-Sat • 5-10**

**530-673-7570
440 Colusa Ave. Yuba City**

Safety for pedestrians, drivers alike

By Tech Sgt. Algernon Johnson and
Staff Sgt. Jennifer Pratt
9th RW Safety

Spring is in the air! With warmer weather on the way, indoor exercisers are taking it outdoors. Many of us are working to fulfill our New Year's resolutions, while some of us are gearing up for the fitness test. Children are tired of being cooped up inside, taking their new Christmas bikes, scooters, and skates for test-drives around the neighborhood.

With all this outdoor activity, it's important to keep in mind the importance of visibility through the use of reflective gear and safety precautions.

Most people think that if they can see the headlights of an approaching vehicle, the driver can see them too. All too often this is not the case.

Pedestrians walking or jogging in dark colored clothing in the evening are not seen by the driver until approximately 55 feet away. A person wearing white or light-colored clothing isn't visible to drivers until they are approximately within 200 feet.

The top ways pedestrians get hurt include darting out from between parked cars; walking along the edge of a roadway; crossing a multi-lane street; crossing in front of a turning vehicle; going to or from an ice cream truck; crossing behind a vehicle that is backing up; dashing across an intersection and crossing in front of a stopped bus.

Here are some helpful safety hints:

○ Driver safety: watch for pedestrians when backing up and don't forget to check your blind spots; in bad weather, there may be obstacles that block a pedestrian's view of oncoming cars, such as umbrellas or hats, so be prepared to stop; always watch for children—especially around schools and in neighborhoods

○ Cycle safety: wear a helmet, see and be seen by avoiding biking at night; stay alert and always keep a lookout for obstacles in your

path. Go with the flow and always be aware of the traffic around you. Learn the rules of the road and obey traffic laws. Assure bicycle readiness; make sure your bicycle is adjusted properly. Always check the brakes before riding.

○ Dawn and dusk: the low level of sunlight just before the sun rises at dawn or sets at dark can mislead drivers. Cars, motorcycles, and even trucks without headlights can be hard to see. Just before sunrise and after sunset, turn on your low-beam headlights, even though it might not seem dark enough to use lights. Do not drive with your parking lights only. Other drivers might think that you are parked. In some states, it is illegal to drive with only parking lights on

○ Fog: small particles of water in fog reflect light. When your headlights shine into fog, some light is reflected back at you, reducing your ability to see. If you use your high-beam headlights, more light will be reflected back, limiting your vision even more. When driving in fog, always use low-beam headlights

○ Rain: Heavy rains at night can drastically reduce your ability to see and be seen. Turn on your windshield wipers to clear the windows, and use your front window defroster and rear window defogger to keep your windows from getting steamy. Turn on your low-beam headlights to help others see you, even in daytime and reduce your speed. If you are blinded by rain, pull off the road until the rain lets up and turn your hazard lights on

Lastly, vehicle operators are highly encouraged to carry an emergency roadside kit, to include, emergency flares and reflective triangles. Reflective materials are more visible because they reflect light back instead of absorbing it.

A flashlight, reflective waist belt, reflective ankle bands, or reflective vests are just a few safety items that can be used to increase visibility especially in the evening. (*Statistics referenced from U.S. Department of Transportation Federal Highway Administration*)

Earned Income Tax Credits increased

The maximum refundable credit for the 2003 tax year is \$4,204 for a family with two or more qualifying children. Income limits also apply.

Many taxpayers qualify for less than the maximum, depending on their income and filing status. Many military families may also qualify for EITC because supplemental payments and combat pay are exempt from the income calculations.

Electronic filing is the recommended method of filing these returns in order to speed the refunds to these taxpayers.



High Flyer — Friday, February 20, 2004 — 5

How's the traffic on your Web Site?



The key to successful internet advertising is a high volume of traffic. When you advertise on TheUnion.com you can expect a virtual traffic jam. An average 40,000 people per month visit us for daily updates of local news and information.

Call 477-4210 for information on advertising plans priced as low as \$100 per month.



TheUnion.com
Nevada County's most visited Web Site

**Straight Talk Line
634-8888**

NEWS BRIEFS

American Red Cross course

A community first aid and safety course on adult, child, and infant CPR and First Aid will be held Saturday starting at 9 a.m. at the family support center. Students must attend all classes to be certified. The class fee is \$60. This includes all books and materials needed.

For more information or to sign up, call 673-1460.

Coffee with the principal

Bear River School parents are invited to join an hour of conversation and refreshment Wednesday at the City Grill located at 205D Highway 65, in Wheatland from 8:15 to 9 a.m.

For more information, call Mo'na McCall at 633-3250.

Council meeting

The Company Grade Officer's Council meeting will be held Feb. 27 at 11:30 a.m. in the Air Force Combat Ammunition Center theater. The guest speaker will be Chief Master Sgt. William Kennedy, 9th Reconnaissance Wing command chief.

For more information, call 2nd Lt. Melanie Gonzales at 634-2312.

Palace Chase briefing and force shaping

What is the 2004 Force Shaping and how does it affect you? Attend the weekly briefings held every Friday in the education center, Room 106:

Reserve, 10 a.m.; Guard, 11 a.m. Contacts are Tech. Sgt. Marc Oats, Reserve recruiter, 634-3120 and Master Sgt. Al Balatbat, Guard recruiter, 634-5998.

Singing competition

The first Beale Air Force Base Commissary Idol Competition is scheduled March 13 from 1 to 3 p.m. at the commissary.

All contestants are encouraged to bring

their own Karaoke CD's or sing acappella.

Contestants will be judged on singing ability, song difficulty, enthusiasm, and overall performance.

Winners will receive the following cash prizes in American Express gift checks: 1st Place- \$350, 2nd Place- \$150, and 3rd Place- \$50.

Beale Tax Center announcements

Tax center volunteers provide free tax preparation, free electronic filing, and one stop service for state and federal returns.

The tax center is staffed by Internal Revenue Service and California State Franchise Tax Board trained volunteers, and managed by legal office staff members and Mr. David Atwell, certified public accountant.

The center is located in the Reno room of the community center. Appointments are available Mondays, Wednesdays and Fridays from 9 a.m. to 3 p.m. and Tuesdays and Thursdays from 11 a.m. to 5 p.m., and can be scheduled by calling 634-5536. Walk-in service is also available on a first-come, first-serve basis.

As of Feb. 13, total federal refunds came to \$1,054,656, value of services equaled \$100,359, and the center filed 1,025 tax returns.

The volunteer of the week is Senior Airman Kari Piazza of the 9th Communications Squadron.

High Flyer deadlines

News briefs, stories and any other information to be included in the High Flyer are due to the staff by Thursday, close of business, one week prior to publication. E-mail information to high.flyer@beale.af.mil.

For more information, call the newspaper staff at 634-8887.

FAMILY SUPPORT CENTER

Resume and Cover Letters

Scheduled for March 2 from 9 a.m. to noon, this class will focus on how to write a targeted resume that will help you land that coveted job. Students may bring draft resumes to be reviewed.

Financing Your Golden Years

This class will be held March 4 from 2 to 4 p.m. The class familiarizes service members with retirement options and to helps them choose the correct investment option for their future retirement. Examples of retirement options are Thrift Savings Plan, 401K, RROTH/Traditional Individual Retirement Account, etc.

Financing Your Educational Future: You and Your Family

The purpose of this class, schedule March 5 from 2 to 4 p.m., is to cover the various college savings plans that you can use yourself and use for your family. This class will help you to find out which college savings tool is right, such as the 529 Plan or Cover dell Education Savings Account.

TAP Seminar

Whether you're retiring or separating, you can ease your transition into the civilian community by attending the next transition assistance program seminar March 8 from 8:30 a.m. to 4 p.m. and March 9 to 12 from 8 a.m. to 4 p.m. In addition to job-related topics, briefings are provided on other relevant subjects such as VA benefits. Students may wear civilian clothes and spouses are encouraged to attend. Medical records can be reviewed at service member's request.

Bundles for Babies

This class, open to all ranks expecting their first child, will be held March 9 from 5 p.m. to 7:30 p.m. and provides tips on prenatal care and what to expect when you're expecting. New parents can learn financial changes and planning, avoiding frauds targeted at new parents and coping with stresses of new parenthood. The class includes the book "Your Baby's First Year" and a special gift package with baby blankets, a crib sheet, diapers, outfits a growth chart and more. If you need assistance, call 634-2863.

Sponsorship training

Sponsorship training is held Thursdays from 3 to 4 p.m.

Valentine's Day 365 Days A Year

TEMPTATIONS
ADULT COUPLES SUPERSTORE

OVER 10,000 DVD & VHS - TOYS - LOTIONS - OILS

OPEN
10am - 2am
DAILY

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N. BEALE RD.

1672 Hammonton-Smartsville Rd. Marysville

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rental memberships
(pay per rental)
-or-
Unlimited rental
memberships
starting at
\$29.95 per month
plus tax.

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BUY ONE GET
ONE FREE
25% OFF
EVERYTHING ELSE IN STORE!
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FREE
DVD
FIRST TIME
CUSTOMERS
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742-TOYS

Military Discount

The Candy Box
Ethel Pedgett

LITTLE FARMHOUSE CANDIES
10-12-13
MARYSVILLE, CALIFORNIA

Come by and Pick up a Candy Filled Heart for Your Valentine

(530) 742-3124
415 D Street • Marysville

Get Noticed!

Call Barbara Azari to advertise 530-633-8197

UPS is available on base... BROWN

You don't have to leave base to find BROWN. The **Outdoor Adventure Center (OAC)** is a **certified UPS Shipment Center**, located at the corner of Doolittle and C streets. In addition to UPS; they are a great stop to make to find out about trips, tickets, travel, fishing,



boating, rental equipment, and all around family fun excursions. Drop in, mail a UPS package, and then explore what is available to enhance your quality of life. For hours of operation or more information call **634-2054**.

Getting Hungry? &...It's Getting Late?

Services to the RESCUE...

THE PUB serves food:

- Tue-Thu until 9 pm &
 - Fri-Mon until 10 pm
- (phone: 788-0936)

THE SPARE TIME GRILL serves food:

- Mon-Thu until 10 pm
 - Fri & Sat until 12 am &
 - Sun until 5 pm
- (phone: 634-2304)

Even Later? Still Hungry?

GOLD COUNTRY INN has a snack bar/vending area just inside the front door that is open 24 hours a day!
(phone: 634-2953)

Serious golfers wanted!



If you have a golf handicap index of three or less, and are an Active Duty Air Force member, we would like to hear from you. **Air Combat Command (ACC)** Services is fielding a team to compete in the **25th Annual ACC versus RAF Golf Challenge** on May 13-29, 2004 at **Nellis AFB, Nevada**. Applications (AF Form 303) must be received by Bob Anderson, **Coyote Run Golf Course** Manager no later than February 26, 2004. Please contact the ProShop at **788-0192** for more details.



Two Person Better Ball
2/21 • 9 am • \$30/Team*

Two Person Scramble
2/28 • 9 am • \$30/Team*

Sadie Hawkins Alternate Shot
3/6 • 9 am • \$30/Team*

* (does not include green or cart fee)

Coyote Run Golf Course 788-0192

PRE-TEEN DANCE

Friday, February 27th

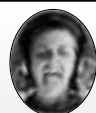
6:30-9:30 p.m. • 9-12 years
Members: \$3 • Non-members: \$5

Youth Center
634-4953



WELCOME TO THE
*Club
Corner*

DJ Night Friday
&
Karaoke Night Saturday
FEATURING BIG AL
Coyote Pub & Grill
9 p.m.-1 a.m.
788-0936



Members
First
DOLLAR DAYS!

Monday, February 23rd
11 a.m.-1 p.m.

\$1 Member Lunch

Wednesday, March 10th
5:30 p.m.-7:30 p.m.

\$1 Member Dinner

Welcome Club members to some spectacular dollar saving events. If you want to participate in the many advantages offered to Club members, you can sign up at the door and enjoy lunch or dinner for only \$1.

Recce Point Club
634-4948



Midnight Basketball TEENS vs. 13IS

February 28th • 10 pm-12 am
Free member • \$1 non-member

13-18 years

Youth Center • 634-4953

SNOWSHOEING FOR BEGINNERS

February 28th • 9 a.m.-5 p.m. • \$20 • Sign up deadline 2/27

This is an affordable fun-filled day that can be enjoyed by the entire family! Pack a lunch and bring your sense of adventure along for a day of snowshoeing. This fast growing sport is great for those who love aerobic fitness and are looking for a new outlet to expend some energy. Learn how to get out and enjoy this low key, high energy, low cost sport. The day will include a beginner instruction, snowshoes, poles and roundtrip transportation. OAC will fit your shoes the day you sign up. Youth through adult snowshoe sizes are available.



Outdoor Adventure Center • 634-2054

"Pick Up and Go"
Chef Eric's

PIZZA!

EVERYDAY 4-6 P.M.

Call Coyote Pub & Grill
for speedy pickup.

788-0936

You are in the fun zone, NOW...

Beale Lanes; if you haven't been there lately, GO! The transformation is incredible. The sound system, lighting, innovative colors, furniture, carpet, and the brand new lanes are a sight to see. As you enter the front door you will be blasted with an array of color and design that screams, "You are in the fun zone, NOW". Even the sound of a bowling ball rolling down the lanes and connecting with the pins has a new ring to it. Nothing was lost in the translation...it is THE PLACE to be for breakfast, lunch, dinner, bowling, and parties. Go, and see for yourself. Take the children and watch their faces light up as they look around. The atmosphere is perfect for curious little ones, teens, families, as well as the adult who is looking for some fun and relaxation. For League information, hours of operation or other information call **634-2299**.



303 forms are due just around the corner

If you want to compete in **Air Force Tae Kwon Do**, the 303 form is due on March 10, 2004. The Trial and Training Camp will be held from April 24-29, at Fort Indiantown Gap, PA.

If you want to compete in **Air Force Women's Volleyball**, the 303 form is due on March 15, 2004. The Trial and Training Camp will be held from April 29-May 16, at Lackland AFB, TX.

If you want to compete in **Air Force Men's Volleyball**, the 303 form is due on March 15, 2004. The Trial and

Training Camp will be held from April 29-May 16, at Lackland AFB, TX.

If you want to compete in the **Air Force Triathlon**, the 303 form is due on March 26, 2004. Armed Forces Championships will be held at NB Ventura County, CA from May 12-16.

For more information contact **Harris Fitness Center** at **634-2258**.



Ask Beale Lanes Management about...

- **COSMIC BOWLING** on Friday & Saturday Nights!
- **MILITARY DEPENDENT'S BOWLING DEALS** on Monday-Friday!
- **LUNCHTIME BOWLING SPECIALS** on Monday-Friday!
- **FREE MYSTERY BOWLING DAYS!**
- **PARTY PLANNING!**

Beale Lanes • 634-2299



NAF EMPLOYMENT POSITIONS

Automotive Mechanic
Cashier-Checker
Child Development Program Assistant
Club Operations Manager
Club Operations Assistant
Custodial Worker
Food Service Worker
Information Technology Specialist
Laborer
School Age Program Assistant
Waiter

These positions are available now through the NAF Human Resources office. Stop by and complete an application if you are interested in any position.

HUMAN RESOURCES 634-2316



GET YOUR BOWLING BALL REJUVENATED AT THE BEALE LANES PRO SHOP!

The ball is heated to 120 degrees to remove all the old oil. It's sanded and then, if necessary, polished. You won't believe the difference!

The cost is \$35.

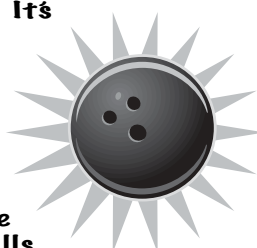
Beale Lanes Pro Shop has an extensive catalog of bowling balls, shoes, bags and accessories.

2-day delivery is available.

All ball purchases include drilling.

Finger and thumb inserts are extra.

Beale Lanes • 634-2299



Are you interested in having a party?

- A Flight Call?
- Presentation?

BOOK IT AT BEALE LANES AND THEY WILL HELP YOU PUT IT TOGETHER!

- A fun get together?
- Morning PT?

Beale Lanes • 634-2299

Ski Homewood

February 29th • 7 a.m.-7 p.m. • \$42
Sign up deadline 2/25

Treat yourself to an enjoyable day of skiing at Homewood. This is one of the most reasonably priced resorts in all of Tahoe and has some excellent terrain. Price includes lift ticket and worry free, roundtrip transportation.



Outdoor Adventure Center
634-2054

SAN FRANCISCO PIER 39 TULIPMANIA

SATURDAY, FEBRUARY 28TH • 7:30 A.M.-7:30 P.M.
\$15 • SIGN UP DEADLINE 2/26

Enjoy the basic sightseeing areas in San Francisco such as; Pier 39, Alcatraz, Chinatown, and Union Square. As an added bonus beginning at 1 p.m. in Pier 39's Entrance Plaza take advantage of the FREE guided landscaping tour.

Visitors absorb the visual splendor of the abundant variety of tulips that are available for the public's enjoyment. Approximately 39,000 tulips will be in full bloom throughout both levels of Pier 39.

Outdoor Adventure Center
634-2054



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GEICO offers special programs for members of the military and their families. We've served you since 1936 and we're standing by you now. We offer: Discounts for active duty, guard, reserve and retired military • Offices near most military bases • Reduced coverage for secured/stored vehicles • Emergency deployment discounts. Give us a call.

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We have openings for drop-in child care right now!



Good staff!
Good Facility!

BEALE FAMILY
child care providers

Call 634-5655 for more information.

EDUCATION CENTER

The Beale Training and Education Center offers an extensive array of on-base programs. Call 634-2525 for more information on these programs and to schedule an appointment with a counselor. The center is open Mondays to Thursdays from 9 a.m. to 4 p.m. and Fridays from 9 a.m. until noon.

UOP offers Saturday courses

In response to student request, University of Phoenix is offering Saturday classes beginning March 25. UOP allows students to continue to work full-time and attend school full-time. Students enjoy the opportunity to attend class on Saturday from 9 a.m. to 1 p.m., and they meet with a learning team outside of class to complete their assignments. Students now have the opportunity to complete their studies in a reasonable amount of time and achieve your dreams at the nation's largest accredited private university.

Features of the University of Phoenix include:

- One class and one learning team meeting per week
- Courses offered one at a time, five or six weeks each
- All instructors work in the fields they teach
- Programs are continually updated to ensure that students are gaining the sought-after skills and expertise
- All coursework can be applied to your job
- Ask your employer about tuition reimbursement
- CCAF Credits are applied to coursework
- Financial aid is available through a federal loan program, not subject to credit history or income requirements. Grants and scholarships are also available for those who qualify.

Previous coursework and professional training may qualify for college credits. For more information or to schedule an appointment with the Beale College Advisor, please contact Josie Banez at 788-7810.

Embry-Riddle Aeronautical University

Feb. 27 is the last day for enrolling in an undergraduate distance learning class for the term beginning March 15.

As undergraduate distance learning classes begin on the 15th of every month except for December, your next opportunity for these classes will be in April.

The next term's Beale center resident classes, scheduled to run from March 15 to May 16, should be out in a couple of weeks.

For more information, call Mike Davis at 788-0900.

CCAF degree completion

The Community College of the Air Force associate in applied science degree consists of a minimum of 64 semester hours. Degree requirements with corresponding semester hours are distributed as follows:

Technical Education	24
Leadership, Management & Military Studies	6
Physical Education	4
General Education	15
Oral Communication	3
Written Communication	3
Mathematics	3
Social Science	3

see **EDUCATION** page 15

New Web site designed to make PCS moves easier

By Staff Sgt. Melanie Streeter
Air Force Print News

Relocating an Air Force family can be challenging. To ease the strain, Air Force officials recently launched "AF Move," a Web site designed to put as much moving-related information as possible only a mouse-click away.

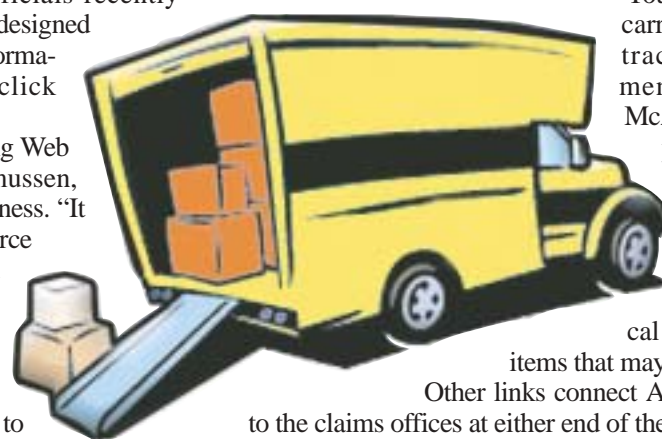
"This is an absolutely outstanding Web site," said Maj. Gen. Craig Rasmussen, Air Force director of logistics readiness. "It is the gold standard for our Air Force personnel to use before, during and after their personal property move has been completed."

While many units have local sites to help Air Force families in the moving process, this site aims to give people Air Force-level guidance.

"We want this site to become institutional, so that anyone in the Air Force, military or civilian, can go there to search out information," said Randy Teske, Air Force personal property and passenger policy traffic management specialist. "Let's face it, we only move now every three or four years, so we become out of

touch because processes and entitlements change."

The site links users to everything from making permanent-change-of-station moving arrangements to tracking a personally owned vehicle shipment.



"You can go into the carrier industry and trace your shipments," said Jim McAllister, personal property and passenger policy division chief. "You can even go in and see local laws on certain items that may be restricted."

Other links connect Air Force families to the claims offices at either end of their move.

"Sometimes our members transfer to an area that's handled by another branch of military service," said Sharon Goodson, traffic management specialist. "This gives them not only the phone numbers, but keeps them in touch with Air Force policy, so if they have a question, they can go back to what the Air Force requirements are and get back on track."

The site's usefulness does not end there. When people use it early in the PCS process, they can plan the move intelligently, Mr. McAllister said.

"We've tried to make it one-stop shopping, the best we can," he said. "It helps you ask the right questions. It may even satisfy all your questions, even before you go in and get personal counseling."

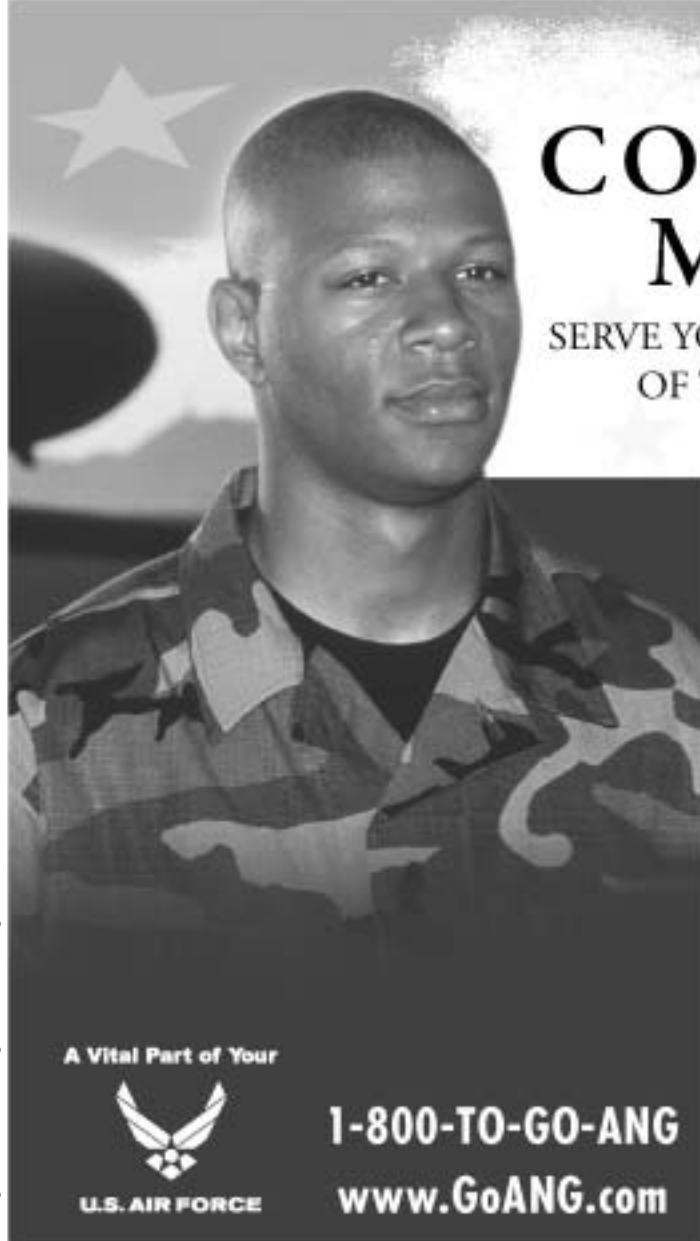
It also serves as a great tool for remembering what items were briefed during that counseling, Mr. McAllister said.

"You might say to yourself, 'What was that they were telling me?' And then you can go to the site and there it is," Mr. McAllister said.

The site also contains links to a toolbox full of technical information that Air Force personal property specialists can reference. This allows officials to quickly disseminate information to offices in the field and serves as an invaluable resource, Mr. McAllister said.


"We're already starting to get rave reviews from the folks in the field," he said.

The next time PCS orders drive Air Force members to pack up personal property and head for a new base, <http://afmove.hq.af.mil> can help keep the headaches and hassles to a minimum. (Courtesy Air Force Print News)



COMMUNITY MATTERS

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As an active and integral part of our communities, the Air National Guard is always there – in the best of times and the worst of times. While you may be thinking of returning to civilian life, your experience and leadership qualities are still very much needed by your hometown Air Force – the Air National Guard.

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- Count time served on active duty toward your Air Guard retirement
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- Offer additional training in your field or a completely new career
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A M E R I C A N S A T T H E I R B E S T

FRIDAY 2/20	SATURDAY 2/21	SUNDAY 2/22	MONDAY 2/23	TUESDAY 2/24	WEDNESDAY 2/25	THURSDAY 2/26
<p>Cosmic Bowling! 7pm-midnight • Black lights, strobes, fog & everything glows! Enjoy all the latest Rock, Country, Rhythm, Club music & music videos. • Beale Lanes 634-2299</p> <p>U-2 Can Bowl, Reno Couple's League 6:15pm • Beale Lanes 634-2299</p> <p>Military Dependents Bowling Time 9-11am • Military dependents can bowl for half the "open bowling" price; \$1/game & 50¢ for shoes. Children 7 years & under bowl for free. Beale Lanes 634-2299</p> <p>Lunchtime Bowling Special 11am-1pm • Active Duty, Reserve, National Guard, retired Military & DoD Civilians can bowl for 50¢/game & 50¢ for shoes. • Beale Lanes • 634-2299</p> <p>DJ Night Featuring Big Al 9pm-1am • Join Big Al at the Pub every Fri for a night of music & fun! He will WOW you with his ability to make the music fit the crowd that he entertains. It is anyone's guess what the theme will be when Big Al plays the tunes. • Coyote Pub & Grill • 788-0936</p> <p>Chili Fri 11am-1pm • \$2 Hot Dog • \$2.50 Chili Dog • \$2 Chili Bowl • Rod & Gun Club • 788-2473</p> <p>Coffee N' Kids Stuff 10am • Free (Coffee optional fee) • Parents can purchase a cup of famous Jamocha Mona's coffee & enjoy educational interaction with their children. The little ones will complete an art project. • Community Center • 634-3140</p>	<p>Library Story Time 10am • Hub Zemke Library 634-2314</p> <p>Cosmic Bowling! 7pm-midnight Black lights, strobes, fog & everything glows! Enjoy all the latest Rock, Country, Rhythm, Club music & music videos. Beale Lanes 634-2299</p> <p>Two Person Better Ball 9am • \$30/Team (Fee does not include green fee or carts) Coyote Run Golf Course 788-0192</p> <p>All Star Bowling League (Juniors) 4pm • Beale Lanes • 634-2299</p> <p>Karaoke Night Featuring Big Al 9pm-1am • Join Big Al along with the Karaoke crowd & sing along to your favorite tunes. This is a night of entertainment at its best with you on the stage! Coyote Pub & Grill • 788-0936</p> <p>Paintball \$15 each (Full rental & field fees) • \$10 groups of 20 (Full rental & field fees) • \$7.50 (Field use only) Paint: \$15/500 rounds ~ \$55/2000 rounds • Scream it! Dream it! Make it happen! The game is on! A huge blast of color & a little bit of pain, that's your game! Call for reservation. Rod & Gun Club 788-2473</p>	<p>Family Night at the Contrails! 4-6pm • Family Night Dining at the Contrails Inn is open to all enlisted members E1-E9 & their families. It is also open to spouses & family of deployed enlisted members. Spouses, please bring a copy of deployed orders. Contrails Inn 634-2537</p> <div data-bbox="619 780 857 1170">  <p>St. Patrick's Day 5k Run March 17th • 11 a.m. Harris Fitness Center 634-2258</p> </div> <div data-bbox="607 1177 857 2258">  <p>Youth Track & Field Registration 3/1-3/5 \$35 Members \$45 Non-members Ages 6-13</p>  <p>Volunteers needed! Registration is held at the Youth Center 634-4953</p> </div>	<p>Dollar Day Lunch 11am-1pm \$1 members Welcome Club members to another spectacular dollar saving event. If you want to participate in the many advantages offered to Club members, you can sign up at the door & enjoy lunch for only \$1. Recce Point Club • 634-4948</p> <p>Military Dependents Bowling Time 9-11am • Military dependents can bowl for half the "open bowling" price; \$1/game & 50¢ for shoes. Children 7 years & under bowl for free. • Beale Lanes • 634-2299</p> <p>Lunchtime Bowling Special 11am-1pm Active Duty, Reserve, National Guard, retired Military & DoD Civilians can bowl for 50¢/game & 50¢ for shoes. Beale Lanes 634-2299</p> <p>Lady's Reno Bowling League 6:30pm • Beale Lanes • 634-2299</p> <p>Gymnastic Classes Beginning Gym 6 years & up 5:30-6:30pm \$40/mo Advanced Gym 6:30-7:30pm \$40/mo • Held at the Omni. Youth Center 634-4953</p> <p>Tae Kwon Do & Hapkido 6-7pm • \$45/mo Community Center 634-3140</p>	<p>Military Dependents Time 9-11am Military dependents can bowl for half the "open bowling" price; \$1/game & 50¢ for shoes. Children 7 years & under bowl for free. Beale Lanes 634-2299</p> <p>Lunchtime Bowling Special 11am-1pm Active Duty, Reserve, National Guard, retired Military & DoD Civilians can bowl for 50¢/game & 50¢ for shoes. Beale Lanes 634-2299</p> <p>Learn to Bowl League 1pm Beale Lanes 634-2299</p> <p>Adult Jazz Class 7-8pm \$25/mo Community Center 634-3140</p> <p>Youth Ballet Class 5-5:30pm \$25/mo Ages 5 & up Community Center 634-3140</p> <p>Tae Kwon Do 6-7pm \$45/mo 5-18 years Held at Lone Tree School. Youth Center 634-4953</p>	<p>Under the Sea Family Night 5:30-8:30pm • Adults \$8.95 Children \$4.50 • Another fun filled evening themed Under the Sea. Food will be provided by Recce Point Club. A bounce house & crafts will be provided for the children that follow the theme. Bring the entire family to the Community Center for a night of fun! Community Center 634-3140</p> <p>Ski Homewood, 2/29 7am-7pm • \$42 • Sign up deadline 2/25 • Treat yourself to an enjoyable day of skiing at Homewood. This is one of the most reasonably priced resorts in all of Tahoe & has some excellent terrain. 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Youth Center • 634-4953</p> <p>Gymnastic Classes Beginning Gym • 6 years & up 5:30-6:30pm • \$40/mo Advanced Gym • 6:30-7:30pm \$40/mo • Held at the Omni. Youth Center • 634-4953</p> <p>Kinder & Pre-school Gymnastic Class Kinder Gym • 5-5:30pm \$25/mo • Age: 5 • Pre-school Gym • 4:30-5pm • \$25/mo Ages 3-4 • Held at Omni. Youth Center • 634-4953</p> <p>Chess Night 5-7pm • Free • Learn to play chess or compete against other players. • Community Center • 634-3140</p>

CSAF from page 4

capabilities to the advantage of the joint force commander," General Jumper said. "This operationalizes space power with features we value most — speed and responsiveness."

The general also said the Air Force wants to take a look at the kinetic capability of these rapidly launchable rockets. He described a conventional capability that will be focused on getting warheads on targets halfway around the globe in minutes or hours, instead of days or weeks. General Jumper also said that capability blends into the area of objectives that deal with long-range strikes.

"(Placing) ground forces deep behind enemy lines, as the new Army brigade combat team concept of operations says it will do, (will require them) to have something close overhead and within one flight of the problem areas," he said. "In this case we looked at a bridging capability to take us from where we are now, to what we might need to help us penetrate with a significant bomb load in those situations."

Finally, General Jumper said the Air Force would investigate using more blended wings.

"We've seen the growth of the blended wings," he said. "JSTARS (Joint Strategic Targeting and Reconnaissance System) has Air National Guard and active-duty serving together. We see the benefits of having units that can surge to increase crew ratios and increase availability of platforms engaged in combat, either through volunteerism or mobilization. We'll do what we can to move those benefits into the fighter world."

(Information courtesy Air Force Print News)

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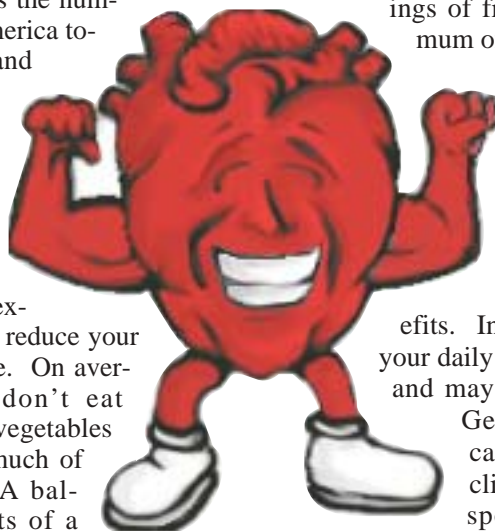
Now's the time for healthy hearts

By 9th RW H.A.W.C.

February is American Heart Month. As Americans prepare for Spring, American Heart Month serves as a reminder of own heart health. Staff Sgt. Consuello Geston, Health and Wellness Center, encourages everyone to set a goal of "heart-healthy" eating year-round.

"Heart Disease is the number one killer in America today. Overweight and physical inactivity are the second leading cause of preventable death, just behind tobacco." Says Sgt. Geston. A combined balanced diet and exercise program will reduce your risk of heart disease. On average, Americans don't eat enough fruits and vegetables and consume too much of everything else. A balanced diet consists of a variety of foods from all food groups. When consumed in moderation, all foods fit the "heart-healthy" meal plan.

Fat gives of the feeling of satiety (fullness), and plays a vital role in absorbing certain vitamins as well as cellular function. Thus, fat free fad diets are more harmful than helpful. "I recommend limiting your total fat intake to 30 percent of your daily calories," says Sgt. Geston. Caution, all fats are not created equal. Monounsaturated fats such as olive, canola, and peanut oil all contain "heart-healthy" properties. However, saturated fats such as fatty red meats, poultry skin, lard, and high fat dairy products may raise your blood cholesterol. Hydrogenated oil, found in margarine and vegetable shortening, is a hidden saturated fat. Partially hydrogenated oil is widely found in baked and packaged foods. These oils help food maintain their shelf life. Trans fatty acids, also known as Trans fats, are a by product of hydrogenation. They naturally occur during this process, similar to yellow and blue make green. Research has found these fats raise the blood cholesterol just as much as saturated fats.



Although some food products have medicinal properties, there is not such thing as 'good food, bad food.' Limiting your saturated fat intake to less than 10 percent of your total daily calories and using monounsaturated fats whenever possible will improve your 'heart-health' and leave you feeling satisfied.

For optimum health, aim for eight to 10 servings of fruits and vegetables with a minimum of five a day.

Dark green leafy vegetables and colorful fresh fruits are packed with vitamins and minerals. Six to 11 servings of high fiber grains, such as whole-wheat bread, are an excellent source of nutrients and fuel for the body.

"Exercise has many heart benefits. Incorporating physical activity into your daily lifestyle will improve your energy and may decrease your stress," says Sgt. Geston. She continues, "Exercise can be fun! Dancing, skating, cycling, and basketball are just a few sports that can involve the whole family."

Drinking eight to 10 cups of water a day will ensure you maintain hydration and maximize your performance.

Prevention and balance are the key. Maintaining a healthy weight and exercise program will reduce your risk for heart disease.

Sgt. Geston commented, "If you are overweight, losing 10% of your total weight will decrease your health risk significantly. If you smoke, seriously consider quitting. Controlling your cholesterol, diabetes, and blood pressure are sure ways to control your risk of heart disease."

We all have excuses for not exercising or eating healthy. The list is long. She concludes, "Our priorities are the things that we do first. When we exercise and eat right, we change our quality of life. It's never too late; make it a priority today."

For questions or to sign up for one of our classes, please call the Health and Wellness Center at 634-3500.

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Friday evening Mona Lisa Smile

Julia Roberts, Julia Stiles

1953 America was a time ripe for change for women. When Katherine arrives to teach Art History at Wellesley College, she finds the institution drowning in outdated customs. When Katherine takes on the job, she deeply affects her students who in turn lead her to alter the course of her life forever.

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Saturday evening Chasing Liberty

Mandy Moore, Matthew Goode

Tired of being followed around every moment of the day, the 18-year-old daughter of the President of the United States ditches her Secret Service handlers and sets out on a romantic trip through Europe with her boyfriend.

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EDUCATION from page 7

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Leadership, management and military studies; physical education; general education; and program elective requirements are identical for all programs.

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CCAF Distance Learning

Students now have access to applicable courses that have been reviewed and approved by the Community College of the Air Force via the website.

These courses satisfy degree requirements in the five general education areas—math, written communications, oral communications, social science and humanities.

Computer science and management distance learning courses are also included.

A list of participating schools and approved courses are available on the CCAF distance learning web site.

Access the CCAF Web site at <https://ccaf.maxwell.af.mil/>, then click on distance learning, then distance Education Offerings for CCAF students. This site provides access to academic and registration information, other distance learning options and direct links to contact information on education services personnel.

Students may also review course listings

on the CCAF public page under Student Info <http://www.maxwell.af.mil/au/ccaf/>

The intent is for students to access the CCAF website from any location worldwide, to readily identify schools offering distance-learning courses that will help them complete degree requirements.

FEEA scholarship applications

The Federal Employee Education and Assistance Fund recently announced that applications for its 2004 to 2005 scholarship program are now available.

Eligible applicants are civilian federal and postal employees with at least three years of service, and their dependents.

Dependent applicants must be full-time students in an accredited degree program and must have a cumulative GPA of 3.0 or higher. Employee applicants must meet the same academic criteria, however, they may be part-time students.

For more information, visit FEEA's website at <http://www.feea.org> in the "Educational Assistance" area.

BLACK HISTORY MONTH QUIZ

In 1986, the space shuttle Challenger exploded after lift-off at Cape Canaveral, Fla. One of the seven crew members killed is a physicist, the only African American on board. WHOAM I?

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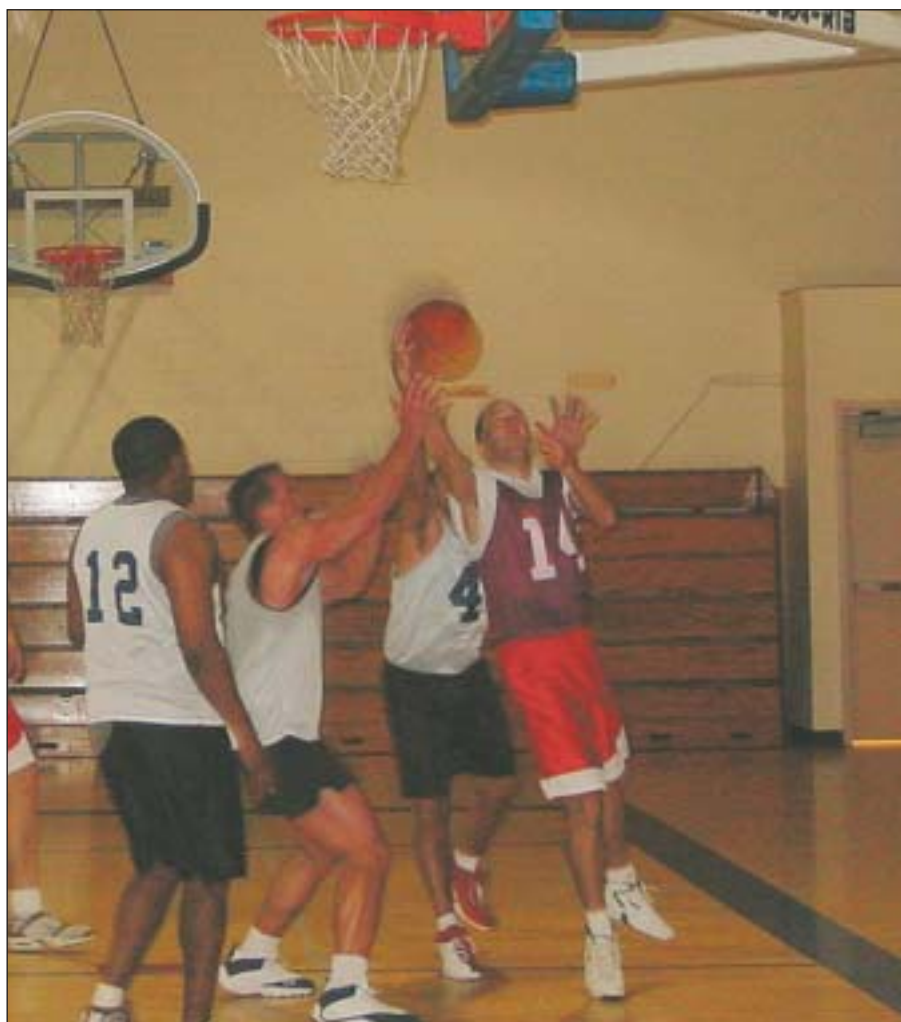
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Against three odds ...

(Left) Erik Slater, 9th Maintenance Squadron forward, tries a reverse lay-up against 9th Medical Group defenders Saul Smith, Frank De-Carmo and William Wolf during an Over 30 intramural basketball game at the Harris Fitness Center Tuesday. The 9th MDG snuck in a 67-51 win against a four-man team.

(Top) Merley Daniels, 9th Services Squadron center, takes a jump shot over 9th Mission Support Squadron defenders Daniel Musser, Jeremy Marsh and Dennis Boyd. Daniels was the highest scorer of the game with 18 points at the second Over 30 intramural Basketball game Tuesday. (Photos by Airman 1st Class Joseph De Vega)

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Nevada County Publishing



CPSC focuses on mail safety, security

By Airman 1st Class Joseph De Vega
9th RW Public Affairs

They are the postmen in the civilian world, but here, they are called Beale Consolidated Postal Service Center warriors.

The CPSC, which combines the postal service center and Base Information Transfer Center, handles all base mails except housing.

Delivering, stamping, sorting and examining packages, letters and other printed items are their main responsibilities. They also handle unit-to-unit correspondence.

"Our job is to ensure unit to unit correspondences and take care of the inter-theatre mail," said Jonathan Warren, CPSC manager. "It's important to have this unit to unit collaboration, so they can easily work together paper wise; from certificates needing signatures to official documents and correspondence."

When CPSC receives mail from the post office, it is inspected, scanned and delivered to corresponding units and dorms.

"We processed 120 tons of mail last year and hand delivered it to 35 different units on base," said Staff Sgt. Theresa Sloan, 9th Communications Squadron quality assurance evaluator and BITC former supervisor. "We also handled more than 300

federal express mail and 200 classified mail."

After receiving the mail, the center personnel inspect and scan the mail.

"Since the anthrax scare, we make sure all mails are safe and secure from any dangerous substances," said Sgt. Sloan. "We purchased new equipment to scan and inspect all mail efficiently."

The postal center visually inspects letters to check for any hazardous foreign material. If they find any suspicious residue on letters, they place the mail in the negative air chamber to dispose of the residue.

"The chamber sucks all the air and filters it, so the air inside the center will be free of any hazardous residue from any suspicious mail," said Sgt. Sloan. "We also acquired the new automatic shutdown controller that closes all the vents connected to other offices, so no dangerous fumes will spread through vents."

The center has a new ionscan,

which detects bomb residues and narcotics on a package. Personnel get a residue sample outside the package

by using a swab, then the swab is placed on the machine where it scans the residue.

The center also has an x-ray machine, which determines the content of any package through the machine's screen.

"Beale is the only base in the Air Force that has an x-ray machine this big," said Sgt. Sloan. "The

biggest things that we look for in a package are suspicious wires, usually on a bomb. The office of special investigation also uses the machine if they receive suspicious packages."

For any suspicious articles received, the center will be evacuated.

"We have evacuated the center several times, but all instances have been false alarms," said Sgt. Sloan. "We do this just to make sure people here are safe; it is better safe than

sorry."

After everything has been checked, the center personnel hand deliver the mail to each unit and dorm on base.

"Delivering the mail is a way to get out of the office and move around," said Airman Todd Simons, 9th CS mail process and deliverer. "It is also important to know a lot of activity distribution office personnel, so if you need anything from their office, you have a contact."

Other than receiving and delivering, the center also sends the mail out.

The center has a stamp machine that weighs and stamps the mail. After stamping, the center's personnel send the mail to the base U.S. post office for delivery.

Sgt. Sloan also trains new information managers for three days, so they know the procedures before going to their respective units.

Recently, the CPSC transferred over to contractors and is now run by civilians.

"I am training other information managers, so they will have hands-on experience with this system," said Sgt. Sloan. "I will stay and evaluate the new office, until they are fully qualified. The two centers are combined and under a new name, but the job is still the same. We process mail."

"Since the anthrax scare, we make sure all mails are safe and secure from any dangerous substances."

*Staff Sgt. Theresa Sloan
9th Communications Squadron*

Echoes of Beale's past whisper from thick cement walls at the end of a lonely road on base—serving as a stark reminder of war, freedom, consequences and Beale's seasoned history ...



Beale's POWs

Echoes sketched in stone

*Photos and story by 1st Lt Brady Smith
9th RW Public Affairs*

In May of 1944, a German POW compound opened at Camp Beale between D and E and 2nd and 4th streets. The compound served as base camp for five other POW camps in the area including Windsor, Davis, Arbuckle, Chico, and Napa, Calif.—each camp housing approximately 1,000 prisoners.

The prisoners here were contained inside a compound outlined by a tall fence topped with barbed wire. The fence enclosed 17 barracks, six storehouses, four mess halls, a canteen pub and a chapel. All the prisoners earned their “room and board,” providing agricultural labor to local ranchers and farmers, as well as various help around Camp Beale.

“Besides providing for their own care and feeding, the POWs filled various service positions around the post,” said Dr. Coy Cross, 9th Reconnaissance Wing historian. “POWs worked as orderlies and medical technicians at the hospital. They serviced and re-

paired vehicles at the motor pool, and the camp laundry used 260 POWs.”

Additionally, POWs helped with plumbing and carpentry jobs to maintain Beale’s railroad reported Dr. Cross. Half the prisoners sorted and sewed clothing in the quartermaster warehouse, and some also served as Protestant and Catholic chaplains, tending to the religious needs of other POWs.

“Prisoners received their wages in coupons, which they could redeem for cigarettes, newspapers, ice cream or other treats. The canteen even sold beer, but there was a two-glass limit,” said Dr. Cross. “Qualified Army personnel taught classes in the compound—English grammar and American history being the most popular. Although the prisoners had to pay for the privilege, almost everyone attended.”

The Geneva Convention stipulated the prisoners be paid \$.80 a day, and the POWs labor was estimated to have saved Camp Beale about \$3 million in employee wages.

“Occasionally someone would dis-

cover a prisoner hanged in the barracks, but authorities seldom learned if the deaths were suicides or retribution by other prisoners,” said Dr. Cross. “A cemetery down a dirt road from the southeast corner of the compound served the prisoners who died. After the camp closed in July of 1946, the Army moved the last six German POW remains to the Golden Gate National Cemetery’s POW section at San Bruno, California.”

Of those that lived through their confinement and gained freedom, some actually returned to live in the United States—having been treated so well as prisoners. Many even returned

to settle in the local area around Beale.

Today, remnants of the solitary confinement cellblocks still stand alone at the south end of E street, off of Gavin Mandery Drive. The rest of the POW compound has since been torn down

and its rubble litters the surrounding area.

Although weather has stolen and diminished much of the drawings that speak to visitors, each solitary cell still echoes ghostly reminders of its occupants in

the form of artistic sketches on the wall.

The sketches, and even the cellblocks themselves, serve as reminders of our own freedoms, what we take for granted and prices that have been paid throughout history.

